





# Dinner

CICS: Irving Park

February  
2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
					<p><b>Special News...</b></p> <p><b>JOIN US FOR DINNER!</b></p> <p>Dinner available every day for ALL students at #NO charge</p> <p><b>JOIN US FOR LUNCH!</b></p> <p>Daily Options:</p> <ol style="list-style-type: none"> <li>Hot Entrée</li> <li>Cold Sandwich</li> <li>Salad Entree</li> </ol> <p><small>Menus are subject to change without notice.</small></p>
<b>3</b> Turkey & Cheddar Cheese Sandwich Fresh Celery Sticks Applesauce	<b>4</b> V-Fruit, Yogurt & Cheese Plate w/ Graham Crackers Fresh Baby Carrots Apple Slices	<b>5</b> Beef Taco Salad Fresh Cucumber Slices Banana	<b>6</b> Popcorn Chicken Salad w/ Roll Fresh Baby Carrots Pears	<b>7</b> Sun Butter and Jelly Sandwich Side Salad Fresh Apple	
<b>10</b> V-Fruit, Yogurt & Cheese Plate w/ Cinnamon Graham Crackers Fresh Cucumber Slices Applesauce	<b>11</b> Turkey & Cheese Sandwich Fresh Baby Carrots Fresh Apple Slices	<b>12</b> Chicken Ham & Cheese Sub Celery Sticks Fresh Apple	<b>13</b> Chicken Caesar Salad w/ Breadstick Fresh Baby Carrots Pears	<b>14</b> Sun Butter and Jelly Sandwich Side Salad Fresh Banana	
<b>17</b> <b>No School</b>	<b>18</b> Ham & Swiss Sub Baby Carrots Fresh Apple Slices	<b>19</b> V-Sun Butter & Jelly Sandwich Grape Tomatoes Fresh Banana	<b>20</b> Popcorn Chicken Salad w/ Roll Fresh Cucumber Slices Pears	<b>21</b> Chicken Ham & PepperJack Cheese Sandwich Side salad Fresh Apple	
<b>24</b> Turkey & American Cheese Sandwich Fresh Grape Tomatoes Applesauce	<b>25</b> V-Fruit, Yogurt & Cheese Plate w/ Cinnamon Graham Crackers Side Salad Fresh Apple Slices	<b>26</b> Sun Butter and Jelly Sandwich Cucumber Slices Fresh Banana	<b>27</b> Chicken Ham & American Cheese Sub Fresh Baby Carrots Pears	<b>28</b> Popcorn Chicken Salad w/ Roll Celery Sticks Fresh Apple	

All menu items do NOT contain pork, all Bread items served are WHOLE GRAIN.



## What makes a Breakfast Meal?

Hot or Cold Entree + Fruit  
Milk (optional)

View nutrition and allergy info at: [cics.schooldish.com](http://cics.schooldish.com)



Healthy for Life™ Meals

This institution is an equal opportunity provider.