





Dinner

CICS: Bucktown

February
2020

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|--|---|---|--|---|---|
|  | | | |  | <p>Special News...</p> <p>JOIN US FOR DINNER!</p> <p>Dinner available every day for ALL students at #NO charge</p> <p>JOIN US FOR LUNCH!</p> <p>Daily Options:</p> <ol style="list-style-type: none"> Hot Entrée Cold Sandwich Salad Entree <p><small>Menus are subject to change without notice.</small></p> |
| 3 Turkey & Cheddar Cheese Sandwich Fresh Celery Sticks Applesauce | 4 V-Fruit, Yogurt & Cheese Plate w/ Graham Crackers Fresh Baby Carrots Apple Slices | 5 Beef Taco Salad Fresh Cucumber Slices Banana | 6 Popcorn Chicken Salad w/ Roll Fresh Baby Carrots Pears | 7 Sun Butter and Jelly Sandwich Side Salad Fresh Apple | |
| 10 V-Fruit, Yogurt & Cheese Plate w/ Cinnamon Graham Crackers Fresh Cucumber Slices Applesauce | 11 Turkey & Cheese Sandwich Fresh Baby Carrots Fresh Apple Slices | 12 Chicken Ham & Cheese Sub Celery Sticks Fresh Apple | 13 Chicken Caesar Salad w/ Breadstick Fresh Baby Carrots Pears | 14 Sun Butter and Jelly Sandwich Side Salad Fresh Banana | |
| 17 No School | 18 Ham & Swiss Sub Baby Carrots Fresh Apple Slices | 19 V-Sun Butter & Jelly Sandwich Grape Tomatoes Fresh Banana | 20 Popcorn Chicken Salad w/ Roll Fresh Cucumber Slices Pears | 21 Chicken Ham & PepperJack Cheese Sandwich Side salad Fresh Apple | |
| 24 Turkey & American Cheese Sandwich Fresh Grape Tomatoes Applesauce | 25 V-Fruit, Yogurt & Cheese Plate w/ Cinnamon Graham Crackers Side Salad Fresh Apple Slices | 26 Sun Butter and Jelly Sandwich Cucumber Slices Fresh Banana | 27 Chicken Ham & American Cheese Sub Fresh Baby Carrots Pears | 28 Popcorn Chicken Salad w/ Roll Celery Sticks Fresh Apple | |

All menu items do NOT contain pork, all Bread items served are WHOLE GRAIN.



What makes a Breakfast Meal?

Hot or Cold Entree + Fruit
Milk (optional)

View nutrition and allergy info at: cics.schooldish.com



Healthy for Life™ Meals

This institution is an equal opportunity provider.